



Culturally Curious

Who: Lovers of history and heritage
Where: The historic town of Bangor and village of Greyabbey
Duration: Half Day

North Down Museum, Bangor, BT20 4BT, 028 9127 1200

Start your day in North Down Museum which tells the story of the North Down area from the Bronze Age to the present day through a series of rooms, each dedicated to a particular era of history. Relax and enjoy a coffee and a treat in the coffee shop before heading to your journey of discovery.



Castle Park and the Walled Garden, Bangor, BT20 4BT (2 mins from previous)

Stroll along the tree-lined avenue to explore the formal gardens of the Town Hall. Examine the sundial in the forecourt, believed to be from the 8th Century monastic origin and explore the Arboretum on the south side of the Town Hall, which contains a fine collection of mature conifers and deciduous trees.

Follow the pathways through Castle Park to arrive at Bangor Castle Walled Garden, a real hidden gem. The garden is divided into four different sections, each with its own horticultural personality. It also boasts two unique pieces of sculpture inspired by the borough's maritime history. The Ward family designed the Bangor Castle Walled Garden in the 1840s. It was previously unopen to the public and was considered by many as a secret garden!





Greyabbey Village and Abbey, BT22 2NQ

(22 mins from previous)

Greyabbey is a quaint village on the banks of scenic Strangford Lough. Enjoy the antique shops, small boutiques and a local hostelry whilst chatting to the locals.

The origins of the village can be traced back to 1193 when Affreca the wife of John de Courcy (AngloNorman invader) founded the Abbey from which it takes its name. Make sure to visit the Physic garden to see the historic plants the monks would have used for medicinal remedies!

The Abbey is set in the landscaped parkland of the 18th century Rosemount House and the grounds of the Abbey are the perfect spot to enjoy a picnic.



For more information on any of these places to visit or more ideas on other locations call into or phone **Bangor Visitor Information Centre on 028 9127 0069.**